

## THESE WE LOVINGLY REMEMBER...

### Shivah/Sheloshim

Eileen Cohen, cousin of Rabbi Muroff (1/4)

### Kaddish List

Val Pivo	Ralph Peter Folsom	Sheldon Kulkin
Don Witt	Adrienne	James Honigman
Judi Cole	Scott Held	Tommy Muller
Jose Cymerman	David Scharf	Sylvia Lederman
Joseph Glaser	Laura Bloch	Ronnie Silber
Ken Kravitz	Socorro Morales	Max Meyerson

### Yahrzeit List

- Iris Salter, sister of Joyce Kessler
- Connie Tarnopol, cousin of Mike & Cher Krichmar
- Paul Benjamin
- Nissim Family
- Carol Christensen, mother-in-law of Elizabeth Christensen and relative of Ellie Urcis
- Norma Liepe, mother of Ben Liepe
- Paul Poumirau, friend of the Lavoot Family
- Pauline Shindler, aunt of Ted Lavoot and great-aunt of Howard Lavoot
- Georg Hirsch, MD
- Nathan Letzter
- Jack Dunn
- Robert Bernard Jacobs, father of Harry Jacobs
- Eugenia Austin Gorman, aunt of Lynette Austin
- Jeanette B. Herman, aunt of Ben Liepe
- Claire Phillips, mother of Joann Kotkin



## Temple Beth Ohr

Rabbi Len Muroff M.A.Ed; D.Div. (Hon)  
Dr. Lawrence Goldmark, Rabbi Emeritus  
Dr. Mark B. Goldfarb, Rabbi Emeritus  
Sharon Kravitz & Joe Telles, Co-Presidents

3 Sh'vat, 5785

Jan. 31-Feb. 1, 2025

Bo

Exodus 10:1-13:16

“The mitzvot are spiritual tools for opening our souls to God’s light and spreading that light into the world around us.”

This week we read the Ten Commandments. God provided Moses with them to help control our behavior and to enable us to build an ethical society. Love for God and for others is key. Acting accordingly is the lifelong challenge. -Rabbi Len Muroff

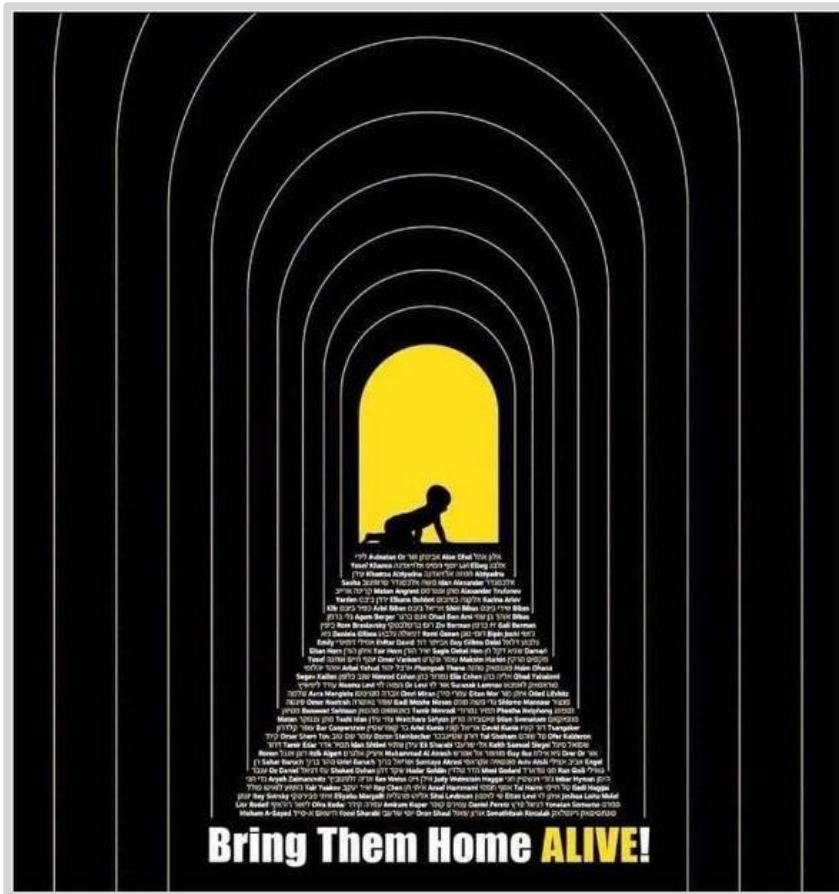
Tonight’s live flowers are sponsored by Mike & Sharon Kravitz in honor of their 36<sup>th</sup> wedding anniversary.

Sun., Feb. 2 <sup>nd</sup>	9:30 AM, Religious School 12:00 PM, BOLTY Event 2:00 PM, Flowers Aren’t Enough at the JCC
Mon., Feb. 3 <sup>rd</sup>	7:00 PM, Ways & Means Committee (Z)
Tues., Feb. 4 <sup>th</sup>	10:30 AM, Knotty Ladies (Z) 2:00 PM, Adult Hebrew Class (OS) 6:00 PM, Adult B’nai Mitzvah Class (OS/Z) 7:30 PM, Sisterhood Board Meeting (Z)
Wed., Feb. 5 <sup>th</sup>	4:00 PM, Hebrew Lab 7:00 PM, Religious Committee (Z)
Fri., Feb. 7 <sup>th</sup>	6:00 PM, Bring Your Own Shabbat Dinner 7:30 PM, Erev Shabbat Worship (OS)
Sat., Feb. 8 <sup>th</sup>	10:00 AM, Shabbat Prayer, Torah Study & Potluck Lunch (OS/Z)

Watch all our live streamed services & events ... Again! Visit YouTube:  
<https://www.youtube.com/@tblm>

## Prayer for Israeli Hostages

As for our brethren, the entire House of Israel who still remain in distress and captivity, whether on sea or on land, may God have compassion on them, and bring them from distress to relief, from darkness to light, from servitude to redemption, at this moment, speedily, very soon; and let us say Amen.



## Prayer for Israel

May the one who blessed our ancestors, Abraham, Isaac and Jacob, Sarah, Rebecca, Rachel, and Leah, bless the State of Israel, representing the beginning of the flowering of our redemption. Defend her with Your grace and spread over her Your shelter of peace. May the Holy One bless the soldiers of the Israeli Defense Forces and protect and guard all the captives. May the Master of the universe have compassion upon them and remove them from darkness and the shadow of death, break their bonds, deliver them from their distress and return them quickly to the embrace of their families. May God make it that our enemies who rise against us be struck down before our soldiers. And may You bring peace to the land, and everlasting joy to all its inhabitants. And we say amen.