

THESE WE LOVINGLY REMEMBER...

Shivah/Sheloshim

Eileen Cohen, cousin of Rabbi Muroff (1/4)

Kaddish List

Erno Ross	Ralph Peter Folsom	James Honigman
Val Pivo	Adrienne	Tommy Muller
Don Witt	Scott Held	Sylvia Lederman
Judi Cole	David Scharf	Ronnie Silber
Jose Cymerman	Laura Bloch	Max Meyerson
Joseph Glaser	Socorro Morales	
Ken Kravitz	Sheldon Kulkin	

Yahrzeit List

- Chaim Schreier, *grandfather of Terri Lavoot and great-grandfather of Howard Lavoot*
- Jack Konowiecki, *father of Gayle Porter and grandfather of Toby Porter*
- Norma Rosenbaum, *mother of Sandra Scharf*
- Susan Paskusz, *aunt of Eileen Mignella*
- Gerald Schain, *husband of Marian Schain*
- Paul Sivertsen, *partner of Michelle Sivertsen and son-in-law of Joyce Piontak*
- Robert H. Paskus, *father of Eileen Mignella*
- Naftali Salow
- Sylvia Piltz
- Sophia Austin, *grandmother of Lynette Austin*
- Alvin S. Kaiser
- Ernest Diamond, *uncle of Ted Lavoot and great-uncle of Howard Lavoot*
- Edward Robert Handel
- Leonard Bush, *uncle of Brad Greenbaum*
- Leslie Paskus Amador, *sister of Eileen Mignella*
- Bessie Rosen
- Max David Lite
- Ann Irwin, *sister of Eileen Haber and aunt of Jon Haber*
- Helen Hampton, *mother of Joy Gordon*
- Edith Rockoff, *grandmother of Ron Rockoff*
- Molly Richards
- Irving Lehr
- Marilyn Williger



Temple Beth Ohr

Rabbi Len Muroff M.A.Ed; D.Div. (Hon)
Dr. Lawrence Goldmark, Rabbi Emeritus
Dr. Mark B. Goldfarb, Rabbi Emeritus
Sharon Kravitz & Joe Telles, Co-Presidents

18 Tevet, 5785

Jan. 17-18, 2025

Shemot

Exodus 1:1-6:1

The act of living your Jewish values conveys to others that they matter. Whether you are engaged in, “*Hachnasat Orchim/Welcoming Guests*”, “*Bikur Cholim/visiting the sick*”, or “*Nichum Avaylim/comforting mourners*”, you are making a difference.

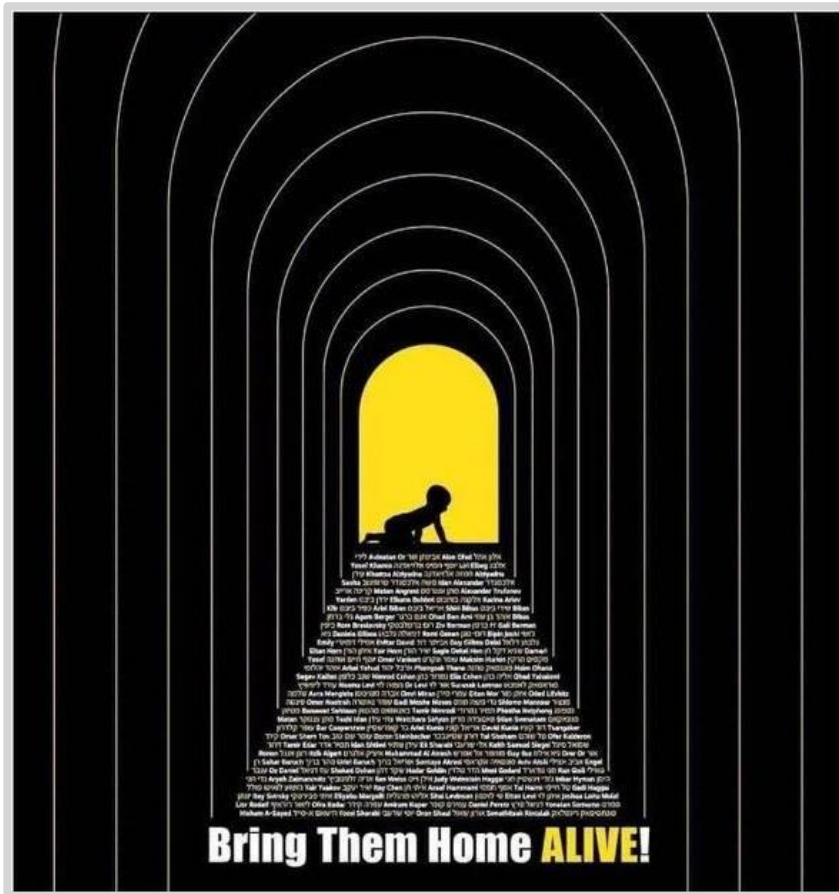
Dr. King engaged in the holy work of “*Matir Asurim/Redeeming those whose are limited by others.*” God bless his soul. May his life (continue to) move us to act similarly. -Rabbi Len Muroff

Mon., Jan. 20 th	7:00 PM, TBO Board Meeting (OS/Z)
Tues., Jan. 21 st	10:30 AM, Knotty Ladies (Z) 2:00 PM, Adult Hebrew Class (OS) 6:00 PM, Adult B’nai Mitzvah Class (OS/Z)
Wed., Jan. 22 nd	4:00 PM, Brotherhood Dineout At Polly’s Pies, Fullerton 4:00 PM, Hebrew Lab
Fri., Jan. 24 th	7:30 PM, Erev Shabbat Worship (OS)
Sat., Jan. 25 th	10:00 AM, Shabbat Prayer, Torah Study and Potluck Lunch (OS/Z)

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<https://www.youtube.com/@tbolm>

Prayer for Israeli Hostages

As for our brethren, the entire House of Israel who still remain in distress and captivity, whether on sea or on land, may God have compassion on them, and bring them from distress to relief, from darkness to light, from servitude to redemption, at this moment, speedily, very soon; and let us say Amen.



Prayer for Israel

May the one who blessed our ancestors, Abraham, Isaac and Jacob, Sarah, Rebecca, Rachel, and Leah, bless the State of Israel, representing the beginning of the flowering of our redemption. Defend her with Your grace and spread over her Your shelter of peace. May the Holy One bless the soldiers of the Israeli Defense Forces and protect and guard all the captives. May the Master of the universe have compassion upon them and remove them from darkness and the shadow of death, break their bonds, deliver them from their distress and return them quickly to the embrace of their families. May God make it that our enemies who rise against us be struck down before our soldiers. And may You bring peace to the land, and everlasting joy to all its inhabitants. And we say amen.