

THESE WE LOVINGLY REMEMBER...

Shivah/Sheloshim

Hope Greenwood, friend of the Rubin Family (1/1)  
Consuelo Avalos, aunt of Lidia Garcia and Izzy Fregoso (12/20)

Kaddish List

Evelyn Zucker	Marlene Hemleben	Joe Telles, Sr.
Joel Herberg	Terri Lynn	Ted Lavoot
Juan Carlos Pinon	Karen Katz	Harry Hemleben
Jeffery Ammons	Isaac Sander Piez	Irene Krieger
Adriane Levy	Berger	
Richard Kaufman	Arlene Hoffman	

Yahrzeit List

Sandra Paskus, mother of Eileen Mignella  
Martin Israel  
Moses Bloch  
Enid Robbins, mother of Jeff Scheer  
Edith Wins, friend of Terri Lavoot  
Allegra Gordon  
Cyrus Chady, friend of Alissa Rose  
Rose Klein, mother of Evelyn Spaber and  
grandmother of Ron Rockoff  
Jack Konowiecki, father of Gayle Porter and  
grandfather of Toby Porter  
Norma Rosenbaum, mother of Sandra Scharf  
Susan Paskusz, aunt of Eileen Mignella  
Paul Sivertsen, partner of Michelle Sivertsen and son-  
in-law of Joyce Piontak  
Rose Travis, grandmother of Cher Krichmar  
Robert H. Paskus, father of Eileen Mignella  
Naftali Salow  
Sophia Austin, grandmother of Lynette Austin  
Alvin S. Kaiser  
Ernest Diamond, great-uncle of Howard Lavoot  
Leslie Paskus Amador, sister of Eileen Mignella  
Bessie Rosen  
Max David Lite  
Helen Hampton, mother of Joy Gordon



Temple Beth Ohr

Rabbi Len Muroff M.A.Ed; D.Diu. (Hon)  
Dr. Lawrence Goldmark, Rabbi Emeritus  
Dr. Mark B. Goldfarb, Rabbi Emeritus  
Sharon Krauitz & Joe Telles, Co-Presidents

28 Tevet, 5786  
January 16-17, 2026  
Vaera  
Exodus 6:2-9:35

Deuteronomy 20:19-20  
עֲצֵה לְנִדְחֵי עַלְיוֹ גִּרְזָן כִּי מִמָּנוּ תֹאכְלוּ וְאַתֶּם לֹא תִכְרֹתוּ כִּי הָאָדָם עֵץ הַשָּׂדֶה לֵבָא מִפְּנֵיךָ  
בְּמִצְוָה:  
"When in your war against a city and you have to besiege it for a long  
time in order to capture it, you must not destroy its trees, wielding the  
ax against them. You may eat of them, but you must not cut them  
down. Are trees of the field human to withdraw before you into the  
besieged city?" A deep love for the planet and for its people is evident.  
We must not only focus on present physical needs but also on future  
nutritional needs as well. It is never war at all costs. -Rabbi Muroff

Tonight's oneg and live flowers are sponsored by the Tessler/Stastny  
Family in honor of Chance's Bar Mitzvah .

Mon., Jan. 19 <sup>th</sup>	7:00 PM, TBO Board Meeting (OS/Z)
Tues., Jan. 20 <sup>th</sup>	10:30 AM, Knotty Ladies (Z) 7:00 PM, Siddur Study (Z)
Wed., Jan. 21 <sup>st</sup>	10:30 AM, ICR/Social Action Committee (Z) 4:00 PM, Hebrew Lab 6:15 PM, Brotherhood Dinner Program & Meeting (OS) 7:00 PM, Ways & Means Committee (Z)
Thurs., Jan. 22 <sup>nd</sup>	10:00 AM, Mah Jong Club (OS)
Fri., Jan. 23 <sup>rd</sup>	7:30 PM, Erev Shabbat Worship (OS/Y)

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## A Prayer for Our Country

Our God and God of our ancestors, with mercy accept our prayer on behalf of our country and its government. Pour out Your blessing upon this land, upon its inhabitants, upon its leaders, its judges, officers, and officials, who faithfully devote themselves to the needs of the public. Help them understand the rules of justice You have decreed, so that peace and security, happiness and freedom, will never depart from our land.

Adonai, God whose spirit is in all creatures, we pray that Your spirit be awakened within all the inhabitants of our land. Uproot from our hearts, hatred and malice, jealousy and strife. Plant love and companionship, peace and friendship, among the many peoples and faiths who dwell in our nation. Grant us the knowledge to judge justly, the wisdom to act with compassion, and the understanding and courage to root out poverty from our land.

May it be Your will that our land be a blessing to all who dwell on earth, and may You cause all people to dwell in friendship and freedom. Speedily fulfill the vision of Your prophets: “Nations shall not lift up sword against nation, neither shall they learn war anymore.” “For all of them, from the least of them to the greatest, shall know Me.” And let us say, Amen.

## A Prayer for Peace

Source of Shalom, please help us embody wholeness.

May we experience equanimity that allows us to rest deeply at night, trusting that all will be well, and giving over that which is beyond us.

May we feel the connection between inner and outer peace, balancing care for ourselves with care for others.

May we enjoy the kind of peace that comes when we let go of scarcity so that all people have what they need.

May we trust that you are Change and that all is evolving exactly as it should.

And may we remember that we are your partners, and that we have a role in creating peace and sharing it with each other.

Source of All, may we be ever-mindful of your will and power, and may we truly know the reverberations of our own. And, in the year ahead, may we rise to the occasion as your partners, taking seriously our role to create the world as it could be.