



### *Final Reflection from Rabbi Muroff*

Recently, I came upon a Chinese proverb that teaches: “If you want happiness for an hour, take a nap. If you want happiness for a day, go fishing. If you want happiness for a year, inherit a fortune. **If you want happiness for a lifetime, help someone else.**”

Serving as your rabbi has been a meaningful experience for me. I cherish the fact that I have had a multitude of occasions to help people in the three years that I have served as your rabbi. I am grateful for all of them. I count my blessings that while serving the community, I have enjoyed many opportunities to touch people’s lives in deep and meaningful ways. I will miss the chance to continue to do so, for you are good people who welcomed me and Judy into the TBO community with warmth and kindness.

Loving-kindness is the core ethical virtue of Jewish life. A lack of compassion marks people as cruel. The Torah repeatedly commands the Prophets to protect the widow, the orphan, and the stranger and to watch how we speak to people. According to the Torah and Jewish law (Halakhah) one is bound to not only refrain from doing bad, but one must do good by being compassionate and charitable with one’s fellow human beings as it is written, in Psalm 34, “turn from evil and do good.” **Please keep your eyes open to find even more ways to bring Jewish values into the world.**

Finally, after October 7<sup>th</sup>, I was honored to represent you in Washington D.C. and in Israel to show the world that Jewish lives matter both in Israel and around the world. I feel deeply that we must continue to stand up for Israel’s right to exist and against anti-Semitism, which is reaching unheard of heights. Please find your own way to continue this vital work. The future of Israel and of our People depend on it.

It has been an honor to serve as the rabbi of Temple Beth Ohr. Wishing you all peace, contentment, meaningful moments, good health, and an acute awareness of the blessing of being a part of a holy congregation.

Rabbi Len Muroff



*Todah rabah, Rabbi Muroff*

May you go from strength to strength.

TBO offers our heartfelt thanks to Rabbi Muroff for his service, spiritual leadership, and care for our congregation. We are grateful for the time, thought, and dedication he has given to our community, and we wish him peace, good health, and many blessings.

## Message from our Co-Presidents

**THANK YOU** to our Adult Education Committee for the wonderful Williger Shabbaton. Everything was so well coordinated from the guest speakers to the food and dancing! We would like to give a very special **THANK YOU** to Stuart Williger for your continued support to honor your parents.

On Monday, June 15, we are having a General Membership meeting, at 7:30pm on Zoom only. During this meeting, each committee will give us a summary of the year. We will also be voting on the new Board. Thank you to Dena and the Nominating Committee for the slate of officers for 2026-2027. You will receive a letter with more details at the beginning of June.

Please join us on June 26 for Rabbi Muroff's last service, as we wish him well for the future.

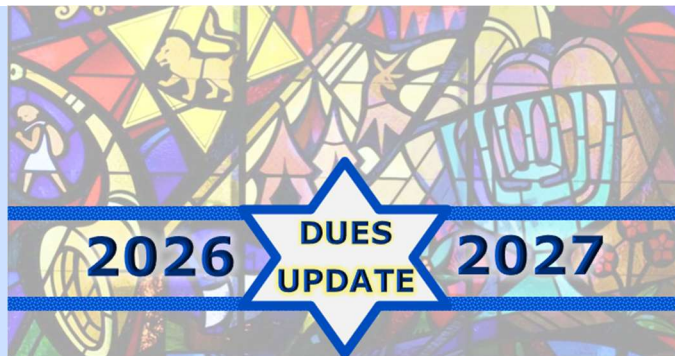
Just a reminder that the construction of the fence around the Temple has started, and for your safety, most events will be held on Zoom or off site, until the construction is completed. Debbie will continue to work in the office, and the Temple **WILL BE OPEN** for Shabbat services.

To all the fathers, grandfathers and great-grandfathers, enjoy your special day!



Joe Telles & Sharon Kravitz  
Co-Presidents, TBO

Joe Telles: [j.telles263@gmail.com](mailto:j.telles263@gmail.com)  
Sharon Kravitz: [slkravitz@hotmail.com](mailto:slkravitz@hotmail.com)



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### Supporting our community with care

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The Board has approved a modest dues increase of \$2 per month for single households and \$3 per month for family/couple households.

As many of us have experienced, the cost of goods, services, and day-to-day operations continues to rise. Under our by-laws, dues may be increased annually up to the Cost of Living Adjustment (COLA), which for 2025 is 2.8%. While a larger increase would be allowed, the Board is recommending a much smaller adjustment — approximately 50% of the normal allowable increase.

Our goal is to balance the growing economic costs of operating and maintaining our organization with our commitment to keeping dues as affordable as possible for our members. This modest increase will help us continue providing the services, programs, and financial stability that support our community, while being thoughtful and sensitive to the financial realities many households face.

We appreciate your continued support and participation, which help make our community strong and successful.

Welcome  
our newest  
TBO member!

Daughter of  
Alyssa and Robert  
Freedman-Finch

Riley Paije

Rishonah Masha  
Yehudit

May your life be filled with  
health, happiness, love,  
and countless blessings.

Mazel Tov to your  
beautiful family!



## Say Mazel Tov!

Send warm wishes,  
thank you, or thinking of you  
by sending a tribute card.

Mailed to the recipient with  
your personal message.  
Each card you send helps support TBO  
and spreads a little more kindness in the world.



Tribute cards are \$3 each and available  
through our Sisterhood Tribute Coordinator:

Debbie Greenbaum |  [tributes.tbolm@gmail.com](mailto:tributes.tbolm@gmail.com)

## *This Month's Events at TBO*

<b>J U N E 2 0 2 6</b>							
Date		Time	Event	OS	Z	YT	Other
6/1	Mon	7:00pm	Ways & Means Committee		Z		
6/2	Tue	10:30am	Knotty Ladies		Z		
6/2	Tue	7:00pm	Sisterhood Board		Z		
6/2	Tue	7:00pm	Outreach Sub-Committee Meeting		Z		
6/3	Wed	7:00pm	Religious Committee		Z		
6/4	Thu	10:00am	Mah Jong Club				X
6/5	Fri	6:00pm	Bring Your Own Shabbat Dinner	OS			
6/5	Fri	7:30pm	Erev Shabbat Worship: Pride Shabbat	OS		YT	
6/6	Sat	10:00am	Shabbat Prayer and Torah Study		Z		
6/8	Mon	7:00pm	Finance Committee		Z		
6/9	Tue	10:30am	Knotty Ladies		Z		
6/9	Tue	1:00pm	House Committee Meeting	OS			
6/9	Tue	7:00pm	Safety & Security Meeting		Z		
6/10	Wed	10:30am	Adult Education Committee		Z		
6/10	Wed	6:30pm	Sisterhood Social & Program		Z		
6/11	Thu	10:00am	Mah Jong Club				X
6/12	Fri	7:30pm	Erev Shabbat: Sisterhood Shabbat & Installation	OS		YT	
6/14	Sun	4:00pm	Concert Fundraiser at Temple Israel Long Beach				TILB
6/15	Mon	6:00pm	Board Meeting		Z		
6/15	Mon	7:30pm	General Membership Meeting		Z		
6/16	Tue	10:30am	Knotty Ladies		Z		
6/17	Wed	10:30am	ICR/Social Action Committee		Z		
6/17	Wed	7:00pm	Brotherhood Meeting		Z		
6/18	Thu	10:00am	Mah Jong Club				X
6/19	Fri	7:30pm	Erev Shabbat: Brotherhood Shabbat & Installation	OS		YT	
6/20	Sat	10:00am	Shabbat Prayer and Torah Study		Z		
6/21	Sun	All Day	Father's Day				
6/23	Tue	10:30am	Knotty Ladies		Z		
6/23	Tue	7:00pm	Membership Committee		Z		
6/24	Wed	4:00pm	Sisterhood Dineout				X
6/25	Thu	10:00am	Mah Jong Club				X
6/26	Fri	7:30pm	Erev Shabbat Worship	OS		YT	
6/30	Tue	10:30am	Knotty Ladies		Z		

- ★ **Please note that dates are subject to change**, check the website [tboldm.org](http://tboldm.org) for updates.
- ★ Event Location: OS (On-Site), Z (Zoom), YT (YouTube), JCC (Alpert JCC, Long Beach), X (other: check website)
- ★ If an RSVP is required, go to the TBO website and click on the calendar or event flyer link.



**June Anniversaries**

- 2<sup>nd</sup> Morris & Maxine Rochweg
- 9<sup>th</sup> Kimberly Gimbel-Johnson & Derek Johnson
- 14<sup>th</sup> Lidia & Chris Garcia
- 14<sup>th</sup> Eddie & Celia Goldstein
- 18<sup>th</sup> Jeff & Sandy Strauss
- 18<sup>th</sup> Hali & Greg Lieb
- 19<sup>th</sup> Fred & Ruth Malkin
- 19<sup>th</sup> Ellis & Gayle Porter
- 24<sup>th</sup> Michelle Kramer-Pino & Michele Pino
- 27<sup>th</sup> Lorri & Tim Rosenfeld
- 29<sup>th</sup> Dena & Chris Jastroch



**June Birthdays**

- 1<sup>st</sup> Landon Johnson
- 3<sup>rd</sup> Lilah Mayernik
- 6<sup>th</sup> Leslie Berger
- 7<sup>th</sup> Sharon Kravitz
- 9<sup>th</sup> Gilbert Delgado
- 12<sup>th</sup> Toby Porter
- 13<sup>th</sup> Chris Garcia
- 15<sup>th</sup> Maxine Gimbel
- 18<sup>th</sup> Melissa Rudolph
- 21<sup>st</sup> Terri Lavoot
- 21<sup>st</sup> Iris Tessler
- 21<sup>st</sup> Joy Gordon
- 23<sup>rd</sup> Dominic Valencia
- 24<sup>th</sup> Timothy Green
- 24<sup>th</sup> Hali Lieb
- 26<sup>th</sup> Samantha Kotkin
- 29<sup>th</sup> Rebecca Mayernik
- 30<sup>th</sup> Jayden Johnson



Join Temple Beth Ohr • La Mirada and Temple Israel • Long Beach for a

# Concert of Jewish Hope

to benefit Beth Israel Congregation and  
the Institute of Southern Jewish Life • Jackson, Mississippi

**SUNDAY • JUNE 14 • 4-6 PM**

Location: Temple Israel Long Beach • 269 Loma Ave, Long Beach, CA 90803  
562.434.0996 • info@tilb.org • Street parking only

*Tickets are: \$18 general admission; \$54 VIP  
RSVP by June 7th No admittance without a ticket • No refunds*



Temple Beth Ohr  
La Mirada



TEMPLE ISRAEL  
LONG BEACH

*Don't let the light go out!*

To purchase tickets go to the TBOLM.org website, or scan the QR code  
<https://www.zeffy.comen-US/ticketing/fundraising-concert-3>



Red Robin® will give

**20% OF FOOD SALES\*  
BACK TO**

**TEMPLE BETH OHR  
SISTERHOOD**

Show this flyer or simply mention the fundraiser to  
your server to have your sales counted.

**FUNDRAISER DETAILS**

1631 W. Imperial Highway, La Habra, CA 90633  
June 24, 2026\*

If ordering online, please follow these instructions:

1. Start your order at redrobin.com/order and select the restaurant above.
2. In the menu, go to the category labeled "Fundraisers (To-Go Only)" and click on that item.
3. Click the "add" button, and then "add to bag."
4. Add your meal items and check out.
5. Arrive at Red Robin, come in, say hi, grab your food and be on your way! If your location has curbside pick-up, we can bring it to your car too!

\*Fundraiser during restaurant operating hours. Visit redrobin.com and find this location to view hours. Donation based on all eligible net dine-in and to-go food sales only. Excludes sales from catering (at select locations), 3rd party ordering and delivery sites, alcohol, gift cards, retail, tax and gratuity. Offer void if flyer is distributed in or near the restaurant during fundraiser day & hours.



# Temple Beth Ohr Brotherhood

INVITES YOU TO...



Shabbat Service



Installation of Brotherhood Board



Oneg

Friday, June 19th, 2026

7:30 PM

in the TBO Sanctuary



MRJ Men of Reform Judaism



All Are Welcome



office@tbolm.org



714-521-6765



Temple Beth Ohr  
15721 E. Rosecrans Ave  
La Mirada, CA 90638



Join us for Sisterhood Shabbat  
**EVERY WOMAN, EVERY VOICE**

Friday June 12, 2026

7:30 PM

Temple Beth Ohr | 15721 Rosecrans Ave | La Mirada, CA 90638  
714.521.6765 | office@tbolm.org | tbolm.org



Small Tabs

**BIG DIFFERENCE!**

Collect pop tabs. Change lives.



Collecting **POP TABS** helps support the **Orange County Ronald McDonald House!**



Ronald McDonald House®  
Orange County



All proceeds from pop tab recycling go directly towards the costs associated with running the House!

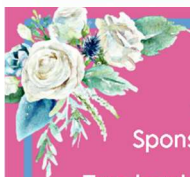


It's easy, ongoing, and makes a **BIG** difference for families.



Drop them off anytime at the entry table or gift shop counter.

**EVERY TAB COUNTS.** Thank you for helping families stay close.



## Flowers

Celebrating a special occasion? Sponsor flowers for you or your loved ones!

Two levels of fresh flower sponsorships available:

- \$60 classic arrangement
- \$90 deluxe arrangement

One flower sponsorship is available per Erev Shabbat service. For more information, please contact Ellie at (858) 923-6898 or ellieurcis17@gmail.com.



## Shabbat Greetings

Spread a little cheer and support your Temple by sending Shabbat Greetings to your

Temple family on Friday nights, for

only \$18 per week.

Your name(s) will be mentioned and



shown on the screen during our livestream service on YouTube.



# Mitzvah Corner

The ICR/Social Action Committee invites you to learn about:



Started by a group of citizens in 1977, a telephone lifeline was established, and many citizens opened their own homes to women and children in need of safety. As the need for support continued to grow, the organization expanded its efforts. In 1978, they rented a house as their first shelter.



The Women and Children's Crisis Shelter in Whittier has a mission to provide safety, shelter, and hope to victims of domestic violence. Upon contacting them, women are given immediate assistance with shelter and supportive assistance which includes crisis intervention, safety planning, emotional support, and life-skills classes.



Their services even include outreach presentations to organizations that are interested in domestic violence awareness, healthy relationship skills, and resources available to help those in need.



For more information, click on the link to see how you can make a difference. Remember, social action is just a click away.





Unscramble each word connected to kindness, community, and doing good.

<u>Word Scramble</u>	<u>Meanings</u>
1. HAKETDAZ _____	1. Justice, charity, or righteous giving
2. EESHDC _____	2. Loving-kindness or compassion
3. OSLHAM _____	3. Peace
4. ZHITVAM _____	4. A commandment or good deed
5. ADTGRTUIE _____	5. Thankfulness and appreciation
6. LIGESBSN _____	6. Something good, sacred, or meaningful
7. IMCYOTNUM _____	7. TBO people, connected by shared care and belonging
8. IKTKNU _____	8. Repair or improvement
9. IHMASC _____	9. Joy or happiness
10. AHOTR _____	10. Jewish teaching, law, and sacred wisdom



### *Giving Back to our Community*

- ✧ Sponsor erev Shabbat flowers (email [ellieurcis17@gmail.com](mailto:ellieurcis17@gmail.com))
- ✧ Sponsor an Oneg (email [ellieurcis17@gmail.com](mailto:ellieurcis17@gmail.com))
- ✧ Shabbat Greetings (email [fundraising@tboldm.org](mailto:fundraising@tboldm.org))
- ✧ Tree of life (email [office@tboldm.org](mailto:office@tboldm.org))
- ✧ Framed Torah portions (email [office@tboldm.org](mailto:office@tboldm.org))
- ✧ Donation to general or specific fund (<https://tboldm.shulcloud.com/payment.php>)

Check out [tboldm.org](http://tboldm.org) for more information or contact us at [office@tboldm.org](mailto:office@tboldm.org) for more information on Temple Beth Ohr committees, clubs, and other groups.